

1 Day Appointed Persons First Aid Course

DATE:

Sunday 10.00am – 4.00pm – one day

12th July 2009: 21st March 2010: 25th July 2010

COST: £65.00**LOCATION:** Phoenix Holistic, Beauty & Nail Training
Baddow Park West Hanningfield Road Great Baddow Essex CM2 7SY**CONTACT NUMBERS:** 01245 477577 / 07813 068560
enquiries@phoenixshb.co.uk**REFRESHMENTS:** Tea, coffee and soft drinks will be available**ABOUT THE COURSE:**

The aim of the course is to provide candidates with the knowledge, skills and confidence to deliver basic life saving techniques in an emergency situation.

It is designed for personnel who may be required to provide emergency aid to work colleagues until more qualified help arrives.

The course covers those areas required by HSE, which include a wide range of situations and how to deal with them. These include: -

- The principles and practices of first aid – and the priorities to apply
- Dealing with an unconscious person
- Breathing and airways
- Cardio-pulmonary Resuscitation (CPR)
- Bleeding and its control
- Management of bleeding
- Various medical conditions and how to deal with them

The class will consist of a small group of people, not exceeding 12 participants. The course is designed to give everyone an opportunity to play an active part, in both the learning and its application to practical exercises. By the end of the course, everyone will have applied their new knowledge in simulated situations that will enable them to repeat the learning in a real emergency.

Our Instructors are all professionally qualified and have practical experience in both first aid care and training.

There is no formal assessment at the end of the course as ongoing observation and assessment is made by the training staff.

We are fully accredited to and quality controlled by, the HSE and we issue a Certificate that is valid for 3 years

Workshop Booking Form

Terms & conditions

To secure a place, please complete the booking form below and return with course fee. Credit cards are accepted and will incur a 2% surcharge, debit cards will incur 35p surcharge. If unable to attend the training date you will be able to attend another session as long as there is availability 48hrs before the course. Refunds are not usually given unless the organization has to cancel the workshop.

Workshop places must be paid for in full at time of booking.

Name:

Address.....

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..... Post code:

Telephone Numbers (inc STD): Home:

Work: Mobile:

E-mail:

Workshop applied for: Appointed Persons First Aid

Please book me a place on the above workshop. - I agree to the terms & conditions stated above.

Date of workshop: Cost of workshop: £65.00

Payment details:

Please make cheques payable to: Phoenix Holistic, Beauty & Nail Training Ltd

Credit Card Debit Card (tick as appropriate)

Credit Cards 2% surcharge, Debit cards 35p surcharge

Card Number

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Start date:

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 Expiry date:

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 Security Digits:

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Signed: Date:

